

Flu Shots

**At: Lemon Grove Senior Center
8235 Mt. Vernon St. Lemon Grove**

**Monday, October 28th.
10:00 am — 11:30 am**

provided by
**Grossmont Hospital Senior Resource
Center**

Vaccinations are restricted to adults 60 and over or those with a chronic illness. If you are allergic to eggs, or if you are ill, you should not take the vaccine.

FREE FLU SHOT

Please stay and join us for lunch after your shot. Lunch served at 11:30 am and prize bingo after lunch.