



| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|--|---|--|
| <p>MEMORIAL DAY Remember Those Who Served</p> | | <p>1 May Day </p> <p>Beef Taco Salad Tortilla Chips Fresh Apple Taco Sauce</p> | <p>2</p> <p>Oven Fried Chicken Scalloped Potatoes Brussels Sprouts Whole Wheat Bread Fresh Orange</p> | <p>3</p> <p>Potato Crusted Fish Cilantro Lime Brown Rice Mixed Vegetables Tropical Fruit Chef's Dessert</p> |
| <p>6</p> <p>Oven Fried Chicken Cheesy Brown Rice Green Beans Pineapple Tidbits</p> | <p>7</p> <p>Minestrone Soup Sliced Turkey Ham Cheese, Lettuce, Tomato Beet Salad Whole Wheat Bread Fresh Orange</p> | <p>8</p> <p>Swiss Steak Garlic Whipped Potatoes Green Peas Whole Wheat Roll Pineapple Tidbits</p> | <p>9</p> <p>Baked Chicken Mornay Sauce Cut Yams Tuscany Vegetable Blend Whole Wheat Bread Fresh Banana</p> | <p>10</p> <p>Pork Chili Verde Buttered Rice Fiesta Vegetable Blend W.W. Flour Tortilla Fresh Apple Chef's Dessert</p> |
| <p>13</p> <p>Grilled Pork w/ Mushrooms Delmonico Potatoes Seasoned Spinach W.W. Dinner Roll Strawberry Glazed Fruit</p> | <p>14</p> <p>Baked Chicken Jezebel Apple Salsa Cilantro Lime Brown Rice Mixed Vegetables Fresh Apple </p> | <p>15</p> <p>Turkey Club Salad Saltine Crackers Fresh Orange Ranch Salad Dressing</p> | <p>16</p> <p>Beef Spaghetti Sauce Whole Grain Spaghetti Side Salad Mixed Fruit Crisp Italian Salad Dressing</p> | <p>17 BIRTHDAY PARTY </p> <p>Oven Fried Chicken Oven Roasted Potatoes Green Beans Whole Wheat Bread Mixed Fruit</p> |
| <p>20</p> <p>Turkey Ham, Broccoli, & Brown Rice Bake Green Peas Glazed Carrots Pineapple Tidbits</p> | <p>21</p> <p>Country Fried Steak Country Gravy Twice Whipped Potatoes Green Beans Whole Wheat Bread Applesauce</p> | <p>22</p> <p>Corn Chowder Tuna Salad Lettuce & Tomato Cucumber Salad W.W. Pita Pocket Fresh Banana</p> | <p>23</p> <p>Oven Fried Chicken Dirty Brown Rice Capri Vegetable Blend Fresh Apple</p> | <p>24</p> <p>Grilled Pork Tomato Basil Sauce Oven Roasted Potatoes Mixed Vegetables Whole Wheat Bread Peaches Chef's Dessert</p> |
| <p>27 Memorial Day</p> <p>HOLIDAY CLOSED for the HOLIDAY</p> | <p>28</p> <p>Oven Fried Chicken Ranch Potatoes Mixed Vegetables Whole Wheat Bread Fresh Apple </p> | <p>29</p> <p>Chef Salad Saltine Crackers Fresh Orange Ranch Salad Dressing</p> | <p>30</p> <p>Picadillo Beef Mexican Brown Rice Fiesta Vegetable Blend Fresh Banana</p> | <p>31</p> <p>Honey Mustard Chicken Cheesy Brown Rice Club Spinach Mixed Fruit Chef's Dessert </p> |

"This project is supported by Older Americans Act funds by the County of San Diego Health & Human Services Agency, Aging & Independence Services."

For Guaranteed Lunch Reservations, Please CALL 337-1425 - If we are unable to answer, please leave us a message.

Meals are served at 11:30 am - Suggested Senior Donation 60+ \$3.50 - Non-Senior fee is \$6.00

No eligible person shall be denied a meal because of failure or inability to contribute. ** Menu Subject to Change without Notice **

Food allergy warning: please be advised that the food served here may contain any of these ingredients: milk, eggs, wheat, soybeans, peanuts, tree nuts, fish & shellfish