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February 2018

CITY OF LEMON GROVE NEWS

Berry Street Park Amphitheater

Bettering Berry Street Park

Concert and movie goers will enjoy a new way to experience music and movies at Berry Street Park this summer. Ground was recently broken on the Berry Street Park Amphitheater Project (exhibit shown top right).

When completed, the project will add a new entertainment stage with electricity, new irrigation and tiered concert seating. Plenty of grass will remain between the seating rows to create a comfortable, turf amphitheater.

The project is scheduled to be completed in early April. During construction, the park will remain open during normal hours (dawn-dusk) and the parking lot, restrooms, play equipment and dog park will not be affected.

This amphitheater will further beautify Berry Street Park and provide a more enjoyable entertainment experience for the City's summer concerts and movies in the park. Contact City Hall for more information or with project questions at 619.825.3800.



The Berry Street Park Amphitheater Project will add a concert stage and seating area west of the restrooms and central gazebo.

FLU SEASON IN FULL FORCE

Don't wait to become a flu fighter

The 2017-2018 flu season is the deadliest in a decade. Dr. Wilma Wooten, The County of San Diego's Public Health Official, has stated that the flu epidemic has not yet reached its peak in San Diego County and could continue into March and April. At this time last year, 44 deaths and 3,368 total confirmed cases had been tallied, compared to the 251 deaths and 16,078 cases this season. Be warned, people who have had the flu once can still get sick again from a second strain. Act now to protect yourself and others from influenza.

Here are some quick tips for flu fighters:

- Wash your hands thoroughly and frequently and avoid touching your eyes, nose and mouth.
- Avoid close contact with ill persons; a distance of at least three feet is recommended.
- Stay home when you are sick to prevent the spread of germs.
- Practice other good health habits such as healthy nutrition, proper rest and stress management.
- Get your flu shot early and make it an annual tradition for you and your family members (6 months of age and older). It is not too late to get vaccinated; be a flu fighter and do it today.

For vaccine locations and the latest information on the flu epidemic in San Diego County, visit the Health and Human Services Agency online.

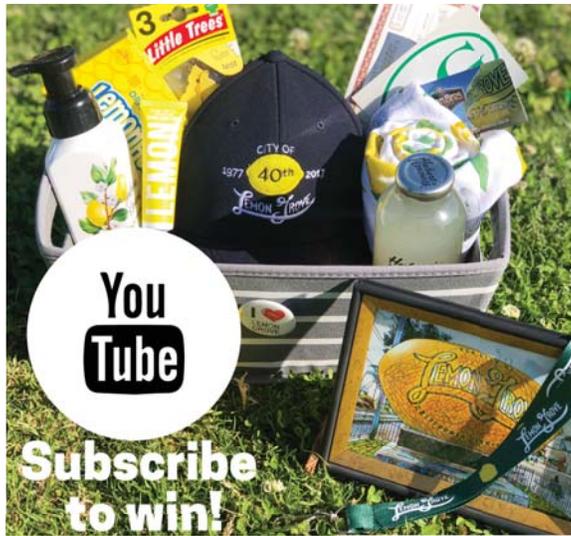


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Find us on these social networks!



LET'S GET SOCIAL



The City is now 40 years old, which means it is officially old enough to have a YouTube account. Lemon Grove has been hard at work creating "History Minute" videos to share each month that highlight long-time local businesses and key community influencers. Other highlight and informational videos will be added to the YouTube channel in the coming months as well.

In celebration of Lemon Grove's 40th birthday year and February being the month of love, the next 40 YouTube subscribers to the City's channel will be entered into a raffle to win the "lemon love" basket. This gift basket was curated by city employees with residents in mind and includes something special for every lemon lover. Goodies include gift certificates to El Pollo Grill, Ryan Bros. Coffee, Lemon Grove air freshener, a 40th anniversary commemorative hat and lanyard, a White Barn lemon candle and hand soap, lemonade (of course) and more.

Win the basket by subscribing the City's YouTube channel. In order to be selected as a winner, you must have the

setting selected to share your subscriptions publicly. Once the Channel receives 40 subscribers, the raffle will take place to select the lucky winner. Stay up-to-date by following the City's Instagram, Facebook and Twitter accounts. Contact Miranda Evans with questions at 619.825.3813 or mevans@lemongrove.ca.gov.

#KeepLemonGroveBeautiful

Join the cause on Feb. 24

2017 was the start of the community coming together to #KeepLemonGroveBeautiful through quarterly clean-up events. These beautification efforts removed over 2,000 pounds of trash from City parks and streets last year. The next clean-up event will be held on February 24, 2018 at Monterey Heights Park (7701 Nichals Street). Registration begins at 9:30 a.m. and activities will last from 10:00 a.m. until noon.

Event volunteers will be able to participate in a variety of beautification projects such as trash pick-up, removal of invasive plants, graffiti removal and other repairs to the Lemon Grove Little League field. Lend a hand to get the field ready for its Opening Day on March 3.

Give back to the community you love. RSVP for the event today by calling 619.825.3827 or email mtamimi@lemongrove.ca.gov.

KINDNESS MOVEMENT

Make a difference: #LGKindnessKounts

February is the perfect time to show your community and your neighbors some love. Did you know there is an Acts of Kindness Movement going on in Lemon Grove?

A small act of kindness can go a long way in creating community. Share a photo of you, or someone you see, performing an act of kindness on social media using the official hashtag: [#LGKindnessKounts](https://www.instagram.com/explore/tags/LGKindnessKounts).

Here are a few ideas for acts of kindness to get you started: check on seniors and those who are shut-ins, thank a Sheriff's deputy, take in your neighbors' trash cans, pick up after your pooch, say please and thank you in public, hold the door for someone... the possibilities for spreading kindness are endless.

Exceptional do-gooders who participate on social media can also receive community pride

LEMON GROVE CITY COUNCIL
Mayor Racquel Vasquez
Mayor Pro Tem Jerry Jones
Councilmember Jennifer Mendoza
Councilmember David Arambula
Councilmember Matt Mendoza

Let us know what you think of The Zest!
Email us at cityoflemongrove@lemongrove.ca.gov

